

*A beautiful **smile** is
something to be
treasured.*



COSMETICS / IMPLANTS / ORTHODONTICS

elleven
EXCELLENCE IN DENTISTRY

11 Devonshire Place
London W1G 6HT

Phone: 020 7487 2711
E: info@ellevendental.com
www.ellevendental.com



**KEEP
CALM
YOU'RE AT**

elleven
DENTAL WELLNESS

*Cosmetic Dentistry -
Veneers*

A thorough check up is required BEFORE any cosmetic work is undertaken. Any necessary restorations, hygiene and gum disease need to be addressed.

At eleven our smile makeovers start at the consultation where we find out what patients don't like about their teeth and what type of smile is required. Computer aided smile design is then used to design the smile and to fine tune the required tooth shapes and colour to fit with the patients smile, face, age and gender.

What is a Veneer?

Veneers are thin custom-made porcelain/composite facings that are bonded to the teeth to improve their form and appearance. They are durable and long lasting and extremely versatile.

Why would I need a veneer?

- Discoloured teeth – due to lifestyle choices such as smoking, coffee, wine etc. medication in childhood such as high doses of antibiotics, Fluoride treatment or even trauma to the teeth which results in the greying of teeth.
- Alter the shape of teeth
- Gaps
- Repair chipped teeth/ wear caused by grinding
- To replace old restorations
- Improve alignment

Do teeth need to be whitened before veneers are placed?

Not necessarily. But since we are matching the veneers to the rest of your teeth, you may want to whiten them before hand as you wont be able to do so afterwards.

If veneers are colour-matched to whitened teeth, you'll have to keep up a regular teeth-whitening schedule. Otherwise, the natural teeth will start to look yellow in comparison.

The procedure

Composite veneers are often applied in one visit. The dentist in thin layers gradually adds the adhesive materials shaping it and hardening it at each stage and finally polishing it.

Porcelain veneers are laboratory made and are stain resistant and translucent often closely resembling natural teeth.

The provision of porcelain veneers are planned over two main treatment appointments:

At the first appointment the teeth are prepared. Local anaesthetic will be used. This process involves a minimal reduction in some critical areas of the enamel from the front surface and biting edge to make space for the veneer.

Impressions are taken and temporary veneers are made using a template made from the 3D preview model. Importantly, this gives our patients an opportunity to trial the planned smile design in their own mouths before the veneers are made. Any changes or fine adjustments can be made to the temporaries and reproduced in the final veneers.

Approximately 2 weeks later, the teeth are isolated from moisture and the porcelain veneers are then fitted at the second main treatment appointment.

We also see our patients a few days later to check all is well when they've had some time to use them and eat with them.

How long do veneers last for?

Since porcelain does not stain or change shape, they can last an incredible amount of time provided once fitted the patient follows the protocol of care suggested by the dentist.

Like all restorations, veneers will need replacing over time. With proper care and maintenance veneers will look their best for 10-15 years but can often last much longer.

Veneer or crowns?

Sometimes there is not enough tooth left following years of wear and tear or large restorations on anterior teeth may not allow for the placement of veneers. If this is the case a ceramic crown may be indicated which wraps all round the tooth protecting the remaining tooth and is also aesthetically enhancing it.